**Junior Registration**

**2016-2017**

**Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**D.O.B \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Street\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**City \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Phone\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Email \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Class Day/ Time\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Amount Paid\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Date of Payment\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Guardian Signature\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Today’s Date\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Visit the Scott Wilson Racquet Pro Shop**

**Stringing services available**

**2014-2015 Rates**

***Junior Program***

**(per session)**

**2016-2017 Rates**

¾ Hr1 Hr 1.5 Hr

Fall $280.00 $385.00 $577.50

Winter $300.00 $412.50 $618.75

Spring $160.00 $220.00 $330.00

***Private Lessons***

1/2 Hr 1 Hr

Private $45.00 $80.00

Semi-Private $25.00 PP $45.00 PP

3 Person Clinic n/a $33.00 PP

Junior Point Play 1.5 hour $25.00 PP

HIT 2 hour $55.00 per class

NO MAKE-UPS GUARENTEED

Please let us know if these days and times do not meet your schedule, we can create a new time just for you!



JUNIOR TENNIS PROGRAMS

2016-2017

Fall (Session I)

September 12th - December 17th (14 weeks)

**Winter (Session II)**

January 2nd - April 15th (15 weeks)

**Spring (Session III)**

April 17th – June 10th (8 weeks)

**100 Elm Street •North Haven •CT 06473**

**203-239-5665 / NHHR.com**

**JUNIORS ARE OUR FUTURE, SO WE TAKE PRIDE IN OUR PROGRAM!**

**Quikstart is a 45-minute class**

**Australian is a 1-hour class**

**US Open is a 1.5-hour class**

**HIT is a 2-hour class**

**PROGRAM HIGHLIGHTS**

Program highlights

* Low Student/Instructor Ratio
* Tennis Membership\*
* Player Evaluation

While in program \*\*See staff for details

Junior Tennis Programs

**Program Overview**

Here at North Haven Health & Racquet, each professional is committed to bringing you the finest Tennis Programs possible. The programs are designed, first and foremost, to give you the most well-rounded education in tennis, which will enable each individual to enjoy the sport for their entire life. This education includes not only tennis-specific skills like stroking, footwork, and match play, but also court etiquette and sportsmanship! Creating good tennis players is important, but not to the exclusion of developing good people who exhibit common courtesy and a high degree of respect for other players.

**-NHHR Tennis Professionals**

H.I.T. “High Intensity Tennis”

Advanced Training Program (all ages)

The goal of the **H.I.T.** program is to bring together the area’s top players to train in advanced stroking and footwork techniques, tennis-specific awareness training, and match play stress management. ALL PLAYERS must schedule an evaluation for entry. H.I.T. will be divided into three competitive training levels. Cost: $55.00 per 2-hour class.

**All H.I.T. participants must be evaluated for proper placement. Placement will be determined by NHHR Pro Staff.**

**HIT level 1** is for the high school age student looking to learn tennis with a goal of playing on their high school team.

**HIT level 2** is for the player who is currently on a school team or looking to play on a more competitive level.

**HIT level 3** is for the player who is currently playing on a VARISTY level team or playing in USTA tournaments.

\*point play is an extra opportunity to be on the court for juniors currently in the HIT program. Will be grouped according to level.

HIT TIMES

Level 1 Tuesday 3:00 to 5:00

Level 1 Fridays 4 :00 to 6:00

Level 2 Thursdays 4:00 to 6:00

Level 2 Saturdays 1:00 to 3:00

Level 3 Thursdays 6:00 to 8:00

Level 3 Saturdays 3:00 to 5:00

Point plays Wednesdays 5:30-7 and

Sundays 11:30-1:00

**Quickstart (ages 4 to 7)**

The Quickstart program is designed to give players as young as 5 years old the opportunity to have lots of fun while learning the basic skills of tennis.

Junior Development

The **Junior Development** program offers a variety of classes each designed to meet the specific needs of a particular player. Whether they are a beginner in the **Australian Open** level, or a fierce competitor in the **U.S. Open** level, there is a class that has been created just for them. These classes are grouped according to AGE and ABILITY. The 1 hour class focuses on stroke production, technique and introduction to match play. The 1.5-hour class consists of stroke production, technique and also includes match play every week with strategy coaching. **All players must be evaluated for placement.**

***Program Times (circle choice)***

* ***Q*uikstart**
* **Mondays 4:30-:515**
* **Wednesdays 4:30-5:15**
* **Saturdays 10:15-11:00**
* **Australian**
* **Mondays 4:30-5:30**
* **Tuesdays 5:00-6:00**
* **Wednesdays 4:30-5:30**
* **Fridays 4:30-5:30**
* **Saturdays 10:00-11:00**
* **US OPEN**
* **Tuesdays 4:00-5:30**
* **Wednesdays 5:30-7:00**
* **Thursdays 4:00-5:30**
* **Fridays 4:00-5:30**
* **Saturdays 11:00-12:30**