

# ADULT REGISTRATION

## 2018-2019

Name \_\_\_\_\_

D.O.B. \_\_\_\_\_

Address \_\_\_\_\_

City & Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

First Choice \_\_\_\_\_

Second Choice \_\_\_\_\_

Signature \_\_\_\_\_

Amount Paid \_\_\_\_\_

Today's Date \_\_\_\_\_

*Programs and times subject to change.*

## SEASON TIME RATES

Begins Sunday September 9<sup>th</sup> – Saturday May 12<sup>th</sup>

<b>Monday-Friday</b>	<b>1 Hour</b>	<b>1 ½ Hour</b>
7am - 9am	\$1377	\$2066
9am - 12pm	\$1726	\$2589
12pm - 4pm	\$1547	\$2321
4pm - 10pm	\$2108	\$3162
10pm - Close	\$1445	\$2168

<b>Saturday-Sunday</b>	<b>1 Hour</b>	<b>1 ½ Hour</b>
7am - 9am	\$1615	\$2423
9am - 2pm	\$1896	\$2844
2pm - Close	\$1615	\$2423

## OPEN TIME RATES

### Monday - Friday

5am-9am	\$41
9am-12pm	\$51
12pm-4pm	\$46
4pm-11pm	\$62

### Saturday - Sunday

7am-9am	\$48
9am-2pm	\$56
2pm-6pm	\$48

## MEMBERSHIPS

**Single \$129 | Family \$199 | Senior \$99**

Non Members: \$9 Guest Fee + Court Fee

## LESSONS

**Private:** ½ Hour \$50.00 | 1 Hour \$90.00  
**Semi Private:** ½ Hour \$27.50 | 1 Hour \$47.50

# ADULT

# TENNIS

## 2018-2019



**Begins September 9<sup>th</sup>, 2018**

USTA Teams • Grand Prix  
Friday Night Tennis Party  
Daytime Doubles/Ladder  
Daytime Singles League • Clinics  
Cardio Tennis • Pickleball



## USTA TEAMS

We have various teams playing at NHHR and we are looking to add more teams-levels 3.0-5.0. Winter and summer available with practice! Many of our teams have made it to sectionals. Sign up with Megin to join a team!

**“North Haven Health & Racquet Club Tennis Professionals are committed in bringing the finest tennis programs. Our programs are designed to give the most well-rounded education in tennis enabling each individual to enjoy the sport throughout their entire life.”**

**-NHHR Tennis Professionals**

## DAYTIME LADDER PLAY

Enjoy competitive doubles play with a progressive format. No partner needed; Megin will arrange it. 6 week commitment.

**2 hours of play** | \$25 per person

*Please let us know your best day/time and level. Time TBD.*

## SENIOR DOUBLE LEAGUE

**12:00-2:00pm** | Day TBD

## GRAND PRIX

GRAND PRIX is a chance to enhance your game through match play. Call Christine for an evaluation.

**Mon-Thurs | 8:30 PM – 10:45 PM**  
**Sunday Doubles | 3:30 PM – 5:45 PM**

**Mon - Thurs** \$35 Members / \$39 Non-Members  
**Sunday** \$28 Members / \$31 Non-Members

## FRIDAY NIGHT TENNIS PARTY

Join in the fun and bring a friend. Meet new people playing round robin doubles. Enjoy tasty snacks, food, beverages and conversation. Call Christine for more information!

**Fridays 7:00 PM – 10:45 PM** | \$30 per person

## INSTANT TENNIS

**October 24<sup>th</sup> – December 1<sup>st</sup>**

**Weds. 7:00-8:00pm | Sat. 8:30-9:30am**

Instant tennis is back and better than ever. *Beginners only!* Bring a friend and learn how to play tennis in a fun setting. \$159 for 6-week session, includes racquet.



## CLINICS

We are pleased to offer adult clinics for every level of play. 1½ hour clinics are ideal for the player looking for strokes, strategy and match play.

**You can customize your clinic time to accommodate your schedule. Come in with 3 of your friends or we will find a group for you at your level! Call for clinic times and availability.**

**Point Play – 6 people**

1 ½ hours | \$25 per person

**Murder – 4 people**

1 hour | \$25 per person

**Clinic – 4 people**

1 ½ hours | \$37.50/\$42.50 per person

## CARDIO TENNIS

NHHR puts the fun in tennis. Cardio Tennis is a fast-paced program that offers adults the opportunity to enjoy music and live drills in ways they never have before. Exercise has never been so much fun!

**1 hour class** | \$18 per person

### Cardio Schedule

**Monday: 8:00-9:00am**

**Monday: 5:00-6:00pm**

**Tuesday: 12:00-1:00pm**

**Tuesday: 6:00-7:00pm**

**Wednesday: 7:00-8:00am**

**Wednesday: 7:30-8:30pm**

**Thursday: 11:00am-12:00pm**

**Thursday: 7:30-8:30pm**

**Friday: 5:00-6:00pm**

**Saturday: 8:30-9:30am**

**Sunday: 3:00-4:00pm** – same time as junior cardio!

**Sign up required! Must have 4 to hold class. Email [megin@nhhr.com](mailto:megin@nhhr.com) to confirm class is running**