

Summer Volleyball Clinic



Boys and Girls Ages 7-11

Mon. July 22nd – Fri. July 26th | 9:00am-12:00pm

Boys and Girls Ages 12-15

Mon. July 29th – Fri. August 2nd | 9:00am-12:00pm

Camp Description: This camp is designed to teach volleyball in a fun and positive atmosphere. Training ranges from fundamental skills (passing, serving, hitting, etc.) to position-based training and team systems of offense and defense. Beginners get exposed to the game, learn the skills, and have fun with the sport. More advanced players can begin to hone their technique and comprehension of the game for the middle/high school level and beyond! \$100 per athlete

Head Instructor, Laura Anastasio: Guilford High School Varsity Volleyball Coach, Guilford High School Coach of the year 2018, & New Haven Register All Area Coach 2017.

Any questions please contact Laura at meyerl726@gmail.com