



NORTH HAVEN  
HEALTH & RACQUET

# INSTANT TENNIS

**Calling all beginners!**

**Wednesdays 7:30-8:30pm**  
Oct. 2 - Nov. 6

**Saturdays 9:00-10:00am**  
Oct. 5 - Nov. 9

**Instant tennis is back  
and better than ever.  
Beginners only! Bring a  
friend and learn how to  
play tennis in a fun  
setting.**

**\$159 FOR 6-WEEK SESSION**  
*INCLUDES RACQUET*

**EMAIL [MEGIN@NHHR.COM](mailto:MEGIN@NHHR.COM)  
TO SIGN UP**

